



News and Analysis of Healthy Food and Lifestyles



Regional strategies and tools to improve healthy food and lifestyles

**What are the rules in your area? Looking at the
different approach across the Atlantic
Area in promoting and managing the healthy food
sector**

Find out here



**Get to know the Healthy Food
Ecosystem in your area**

Its easier swimming with the tide. Get to know the

healthy food ecosystem in your area, and start creating healthy food together, by working with Industry, Government, Academia and Consumers

Find out here



[Check out AHFES guide on innovation trends and market opportunities](#)

Download the [free](#) global overview of innovation trends in healthy food products. Including in-depth regional analysis into France, Ireland, Portugal, Spain, and UK

Find out here

Learn more about AHFES

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Become involved in AHFES

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