

# Enhancing Foods for Health

## Benefits: Fortification

November 8, 2021  
10h00 CET

**10h00 Introduction to the project AHFES - A quadruple helix Atlantic Area healthy food ecosystem for growth of SME's**

**Speaker:** Noelia Dosil (Clúster Alimentario de Galicia)

**10h10 Fortification from a nutritional and regulatory point of view**

**Speaker:** Charlotte Philippart (Foodinnov Nutrition)

**10h25 Fish fortification: human nutrition improvement**

**Speaker:** Narcisa Bandarra (Instituto Português do Mar e da Atmosfera I.P.)

**10h40 Health benefits of fermented dairy products for targeted populations**

**Speaker:** Yves Le-Loir (INRAE - National Institute of Agronomic Research)

**10h55 Enriching one of the oldest staple foods in the world: Bread Fortification**

**Speaker:** Inês Brandão (CATAA - Centro de apoio tecnológico agro alimentar)

**11h10 Strategies to obtain healthy meat products**

**Speaker:** Paulo E.S. Munekata (Meat Technology Centre of Galicia)

**11h25 Q&A**

**11h30 Closing**

**Registration**